

# NETBALL SCHOOL CLINIC INFORMATION PACKAGE



Netball Alberta conducts school clinics throughout Alberta. We are always excited to bring this fast-paced, strategic game into schools and find that students learn it quickly and enjoy it immensely, often asking us how they can sign up and keep playing.



## PACKAGE HIGHLIGHTS

- Trained and qualified coaches
- All equipment is supplied
- Progression based gameplay
- Sessions tailored to all ages
- LTAD teaching model

## INCLUDED

- Qualified school clinician to run sessions
- Entry into annual Interschool Tournament (Spring)
- One free scholarship per 250 students

## PRICE

# \$200

PER DAY



LIMITED SPOTS AVAILABLE, AS THESE CLINICS FILL UP FAST!



[NETBALLALBERTA.COM](http://NETBALLALBERTA.COM)



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# WHAT IS NETBALL?

Netball is a fast-paced team sport, similar to handball and basketball, though with some big differences that we think make the game much more inclusive and fun.

The main rules of netball:

- **Footwork:** no stepping with the ball! Players can only pivot, meaning no ball-hogs here!
- **Replay Ball:** players cannot dribble the ball or throw it to themselves – this game focuses on sharing
- **Obstruction:** players must stand 3 feet away from the player with the ball while defending
- **Contact:** netball is a non-contact sport, meaning you can't touch the player with the ball, or the ball while they are holding it
- **Held Ball:** players can only hold the ball for three seconds at a time, meaning they have to think fast!

"We all learned so much beyond the game itself. Sportsmanship and teamwork were part of the lesson. All students were engaged which resulted in a high degree of participation."

Woodbine elementary



# WHAT ARE THOSE?

Each player wears a "bib" or pinnie with letters on it. Each bib represents a different **position** on the court. Each of the seven players on the team has their own jobs, making it the perfect teamwork sport!



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# EXTRAS

## INTERSCHOOL TOURNAMENT

Our annual interschool tournament is back! Each spring we host a tournament, inviting each of the schools participating in our school clinics to enter a team (or six!) to compete against other Calgary schools. The tournament will be held in the spring, and the date will be confirmed on our website and via email communication with your school contact.

## SCHOLARSHIP

New in 2024 is the Junior Scholarship Program. This program is designed to help connect interested, enthusiastic, and deserving students with the opportunity to play netball in our regular leagues. Each school will be granted one scholarship per 250 students to award to a student of their choosing. Netball Alberta is equity-oriented, and encourages schools to award the scholarship to a student with an under-represented in sport identity, or on a needs basis.



## WANT TO KEEP PLAYING?

### NETBALL EQUIPMENT TO SCHOOLS (NETS) PROGRAM

Thanks to a grant from Parks Foundation Calgary, we are lending new netball equipment to schools across Alberta.

This program has been developed so that schools are able to make netball a regular part of their curriculum and intramural sports programs.

A complimentary teacher informational session is included in this equipment package to ensure that staff not only feel comfortable in the use of this equipment, but can also educate students in the sport of netball.



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